

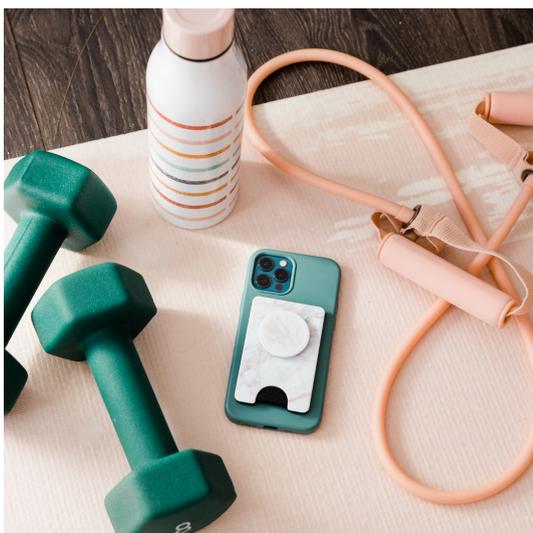
Are you bored of the same old, repetitive gym slog? Find out how ClassPass can add variety, excitement and fun back into your life.

Another day dawns. You sit up in bed with heavy eyelids and go through the same thought cycle as every other morning, 'to gym, orrrr not to gym'? More often than not, you slowly snuggle back down and think 'meh, maybe tomorrow'... Your gym routine has become boring. Mundane. Repetitive. You see the same old faces day in and day out. The class timetable has been the same now for at least a year *YAWWWN* and you've tried them all already. None of them are really *that* good. The difficulty level is off, the teacher's a little unfriendly to you and in honesty, you just want more...

You're craving something new and exciting. Something that will push you back into that activewear that's currently gathering dust in your bottom drawer... The chance to try out a new gym, new machinery, new classes. The chance to meet new people and maybe even make some friends. But HOW?

If you feel like you're stuck tracking the same old, dull routine then I'd firstly like to reassure you. There is a way out of the monotonous cycle. If you're going home every night and getting into your jammies and slippers instead of jumping into your trainers, then listen closely, people and listen well. **You are not alone.** Many other people are feeling just as uninspired. Lucky for you, I'm here to tell you that there is a light at the end of the tunnel.

It's time to add a little '*je ne sais quoi*' back into your life. That fresh, new something is just around the corner and it could really change the future of your workouts. '*What is it?*' I hear you ask. Well, my fellow fitness lovers, it's called ClassPass.



What is ClassPass and How Does it Work?

ClassPass is an app which has revolutionised the fitness industry. It enables its subscribers to attend multiple gyms / classes / experiences at times convenient to them. It's the first app to offer real flexibility to its users. Not only in terms of diverse class choices but also by its wide reaching locations. It tailors to the needs of the modern-day lifestyle, knowing that people are constantly on the move... Meaning, no more dedicating your life to your local gym. Cause let's be honest, you're here, there and everywhere during the week!

The app has boomed internationally, with millions of people rushing to sign-up. Its core mission is to make the world's best experiences and classes, easily accessible to all. ClassPass enables its users to simply log on, find classes closeby, book in and attend **boom**. It really is as easy and simple as that. By paying for just one membership, you'll get access to thousands of different classes and gym-facilities, making it a win-win. You might even find your local gym juuuust so happens to be signed with ClassPass. Meaning, you can still appear loyal to them by going there every so often, even if you're attending classes elsewhere. Don't get the local-gym guilts - it doesn't make you a gym-cheater if you're curious as to what else might be out there!

So fellow Sydney-siders, if you're working in Surry Hills one day, living it up on the Northern Beaches the next and all over the place the remainder of the week... Don't sweat it (if you'll pardon the pun). ClassPass takes all the stress away from your busy lifestyle with a simple sign-up. It hands you the key to unlock new levels of unlimited exercise abilities. Cause let's face it, we all need a bit of persuading to workout at times..

This versatile way of living means there's no need to rush back home to your usual gym before closing time anymore. ClassPass offers a range of ultra-modern classes to suit your needs, depending on where you are at the time. No matter where life takes you, ClassPass has got you covered.

Is it More Expensive than a Regular Gym Membership?

When it comes to plans and credits, ClassPass has multiple options available for its users. These all vary in cost and the inclusions differ slightly too. The overall cost will determine the number of credits each user receives. The 3 main options available include:-

- 20 Credits/ \$49 per month
- 30 Credits / \$69 per month
- 50 Credits / \$109 per month

So, how does it all work? Different classes and experiences will cost the user a certain amount of credits. For example, a meditation class might cost you 4 credits. A Pilates class might cost you 8 credits. The more you pay, the more credits you get **Cha chingggg!*. The more credits you get, the more classes you get to indulge in.

But, what if you're loving ClassPass SOOO much and using it so often that you run out of credits? Not to worry fitness lovers! ClassPass allows you to simply 'add more' credits.

On the flip side, if you find yourself to be too busy with work this month, making exercise take a back seat, your credits will roll over to next month's total. *Hurray for flexibility!*

If, when you read the price structure, your first thought is "*hmm, but my local gym membership is only \$20 a month*"... Yes, that might be true, *Karen*. But, what is your local gym ACTUALLY doing for you... Are you excited to go to it? No. Are you left feeling inspired by the class timetable? No. Are you getting to the gym as much as you should be? No... So let's take a moment to explore the reason as to why that is - YOU ARE BORED!!

The truth is, yes, your monthly expenses might be a little less if you stick with your current provider. But, there's a reason why you opted to read this post. There's a reason why you're taking a peak at what else is out there. Cheap is not always best. It's quality and flexibility that you're craving - right? So save yourself from the tiring, repetitive pattern and take action to freshen up your workout regime.

So, you like to try before you buy - (I mean - who doesn't)? ClassPass offers a 2 week free trial to all. That means 2 full weeks of classes, spas, meditation and a range of other life-experience sessions ALL FOR... (wait for it) FREE! Time to pack out your schedule.

Juuuuust remember to read the small print on this, as at the end of the 2 week trial as you may be automatically enrolled.



How Does the Reservation Process Work?

Whilst you're scrolling through the different awesome classes that ClassPass offers, if you see one and think '*oooo lala, that's a bit of me*' - reserve your place! I can't stress this enough. No one wants to rock up, mentally and physically pumped for a class to then be told '*sorry - but we're full*'. Save yourself the heartache and reserve your place a day or two in advance. Like all things in life, it pays to be organised.

If something creeps up later down the line and you're no longer able to make the class you booked in for, just cancel your booking. Be aware that different class providers have different timeframes and cancellation policies. Some may ask that you provide a minimum of 12 hours notice. If you cancel in advance of this and comply with the relevant protocols - you're all good. Sometimes life just 'happens' and plans change. ClassPass gets that. In that case, your credits won't be touched and no charge will occur. **Phiiiiieewww**.

If you didn't provide enough notice and you failed to cancel in line with the terms (*woopsieeee*), then you will still get your credits back. But, you'll likely be charged a 'cancellation fee'. Simple punishment for being disorganised. But in reality, this is something that's very easy to avoid. No one wants to think of their fitness instructor sat waiting for them to arrive before starting the class... I mean - how embarrassing! More on cancellation policies/charges at the link...

[What is the reservation cancellation policy? – ClassPass](#)

The Main Perks of ClassPass

If you've still not got it yet there are soooo many perks to signing up to ClassPass. It almost seems too good to be true. But, to break it down for you, the main ones include:-

- 1) **Access from anywhere in the world.** All cities and towns will have facilities signed up to ClassPass, which gives you the ability to attend a wide-range of gyms and classes within your local area. If you find yourself going out of town for work or leisure, you don't have to kiss your workouts goodbye. You're still able to use your membership wherever the road takes you.
- 2) **A huge variety of different classes.** This means that you could be a Kick-boxer on Monday, a Yoga enthusiast on Tuesday, a Bootcamp goer on Wednesday... and whatever else your heart desires, the rest of the week. ClassPass also caters for Wellness-related experiences too. Some other options include meditation, breath-work, spas and other indulging self-care principles.
- 3) **The ability to be flexible.** ClassPass offers diverse classes all around the world. You can simply book in, to experience whichever ones jump out at you. If you have a more particular desire for a class, you can travel to it. If you want to try a range of different types of things - you can. ClassPass is also 24 hours a day, 7 days a week. No matter what time you're hoping to feel the burn or stretch and recover... If a provider offers it, you can access it.
- 4) **A modern way of living.** We've already discussed your local gym in detail. It's become restrictive, tedious and quite simply, dull. Going to one gym and attending the same classes week in, week out is an old-school and fairly lifeless way to live. ClassPass has found a way to mix up the mundane, to help you find your groove. It has shone a light on a more exciting way to live, which streamline modern day desires for working out. This includes variety, quick booking systems, wide-ranging choice and flexible usage.

- 5) **Something a little different.** ClassPass broke the mould when coming up with their business model. One membership, providing access to thousands of facilities in thousands of countries. The chance to meet as many fellow gym-goers, exercise enthusiasts and workout warriors as you see fit. If you're a sociable bunny, you will be sure to be making meaningful connections and thriving in no time.

Overall, ClassPass is a fantastically modern concept which has taken the fitness industry by storm. It offers its members something that many other providers don't - flexibility. Gone are the days where we dedicate ourselves to one single provider. Our lives are busy and diverse, so our fitness regimes should be too.

To stay interested in maintaining a healthy lifestyle, we need something that excites us. Something modern and easy to use. Something that provides us with choice and diversity. Something that makes us think '*hell no*' to skipping the next workout and '*hell yes*' to finding a kick-ass new class and a new love for working out.

So if you're hoping for a fresh, more exciting way of living, simply click the link below to sign up for the **2 week free trial**. Give it a go. See if ClassPass could be the solution to all of your workout worries.

[ClassPass](#)